APMG Project Planning & Control Foundation & Practitioner

7 – 11 February 2027
Jeddah (KSA)



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Why This Course

Strong project planning and control are essential for delivering projects on time, within budget, and in line with agreed objectives. Effective planning gives teams clarity on scope, schedules, resources, risks, costs, and stakeholder expectations, while strong control helps project managers monitor progress, manage change, respond to issues, and keep delivery on track.

This comprehensive 1-week APMG Project Planning and Control Foundation and Practitioner Training program equips project professionals with practical skills in project definition, scheduling, resource management, risk management, cost control, performance monitoring, change control, and project recovery. The course also supports preparation for the APMG Foundation and Practitioner certification exams through structured review, practical exercises, and exam-focused learning.

What You'll Learn and Practice

By joining this program, you will:

- Master key concepts and techniques in project planning and control.
- Define project scope, objectives, deliverables, and planning assumptions.
- Conduct stakeholder analysis and develop communication approaches.
- Create Work Breakdown Structures for structured project planning.
- Develop network diagrams and apply critical path analysis.
- Allocate and level resources across project activities.
- Apply schedule optimization techniques.
- Identify, assess, monitor, and respond to project risks.
- Develop cost estimates, budgets, and cost baselines.
- Apply Earned Value Management for project performance tracking.
- Monitor project performance and prepare clear reports.
- Manage change control and corrective action processes.
- Apply recovery strategies when projects move off track.
- Prepare for APMG Foundation and Practitioner certification exams.



The Program Flow

Day 1: Introduction to Project Planning and Control

- Understand project management principles and planning foundations.
- Define project objectives, scope, deliverables, and success criteria.
- Apply scope management techniques to control project boundaries.
- Conduct stakeholder analysis and identify communication needs.
- Explore core planning techniques used across project environments.

Day 2: Project Scheduling and Resource Management

- Create Work Breakdown Structures to organize project work.
- Develop network diagrams and activity relationships.
- Apply critical path analysis to identify schedule drivers.
- Allocate resources based on availability, skill, and project priorities.
- Use resource leveling and schedule optimization techniques.

Day 3: Risk Management and Cost Control

- Identify and assess project risks using structured methods.
- Develop risk response plans and monitoring approaches.
- Apply cost estimation and budgeting techniques.
- Create cost baselines for project control.
- Use Earned Value Management to track cost and schedule performance.

Day 4: Project Monitoring and Control

- Measure project performance using practical control methods.
- Prepare project reports for different stakeholder groups.
- Apply change control processes to manage scope, schedule, and cost impacts.
- Develop corrective action plans for project variances.
- Use project recovery strategies to bring projects back under control.

Day 5: Advanced Topics and Exam Preparation

- Integrate planning and control processes across the project lifecycle.
- Explore Agile and adaptive planning techniques.
- Apply project planning and control concepts through case studies.
- Complete practical exercises linked to real-world scenarios.
- Review key APMG Foundation and Practitioner exam topics and preparation strategies.



Individual Impact

- Build confidence in planning, scheduling, monitoring, and controlling projects.
- Strengthen skills in WBS development, critical path analysis, and resource management.
- Improve ability to manage risks, costs, changes, and project variances.
- Gain practical experience with Earned Value Management and project reporting.
- Increase readiness for APMG Foundation and Practitioner certification exams.

Work Impact

- Improve project delivery through stronger planning and control practices.
- Reduce delays, cost overruns, scope creep, and unmanaged risks.
- Strengthen project governance through clear change control and reporting.
- Improve stakeholder confidence through better visibility and communication.
- Support better decision-making through integrated performance monitoring.

Training Methodology

This program combines project planning and control concepts with practical certification preparation through:

- Project definition and scope planning exercises.
- WBS, network diagram, and critical path workshops.
- Resource allocation and schedule optimization activities.
- Risk management, cost estimation, and EVM practice.
- Change control, corrective action, and project recovery scenarios.
- Case studies, mock questions, and exam preparation discussions.

Beyond the Course

Upon completion, participants will be able to:

- Develop comprehensive project plans for real-world scenarios.
- Create risk management strategies for complex projects.
- Implement Earned Value Management systems for tracking performance.
- Design change control processes that support effective governance.
- Apply planning and control best practices across different industries.
- Approach APMG Foundation and Practitioner exams with stronger preparation and confidence.

