Law and Psychology Essentials: Bridging Legal and Mental

3 – 7 January 2027
Riyadh (KSA)



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Why This Course

The relationship between law and psychology plays a vital role in shaping modern legal systems. From criminal investigations and witness interviews to courtroom decisions and forensic evaluations, psychological principles influence how legal processes are understood, applied, and assessed. A stronger understanding of this connection helps professionals approach legal matters with greater insight, accuracy, and fairness.

This intensive 1-week program is designed to provide participants with a practical and well-rounded understanding of how psychology intersects with law. It explores the behavioral, cognitive, and ethical dimensions of legal practice, while giving participants the tools to examine criminal behavior, assess witness reliability, understand jury dynamics, and evaluate forensic competency issues with greater confidence.

What You'll Learn and Practice

By joining this program, you will:

- Understand how psychological principles apply across key areas of the legal system.
- Analyze criminal behavior using established psychological perspectives.
- Examine investigative methods through a psychological lens.
- Evaluate the reliability of eyewitness testimony and memory.
- Explore the factors that shape jury selection and group decision-making.
- Assess legal competency and issues related to forensic mental health.
- Strengthen awareness of ethical responsibilities in forensic psychology.
- Apply practical concepts to legal and investigative scenarios.

The Program Flow

Day 1: Foundations of Law and Psychology

- Understanding the relationship between psychology and the legal system.
- Key areas where psychology influences legal processes.
- The psychological dimension of criminal investigations.
- Criminal profiling concepts and their practical use.
- Ethical responsibilities in forensic psychology.
- Case discussion: psychology in real legal settings.



Day 2: Criminal Behavior and Investigative Psychology

- Major psychological theories of criminal behavior.
- Behavioral patterns linked to offending and investigation.
- Psychological aspects of police questioning and interrogation.
- Detecting deception and interpreting behavioral indicators.
- The impact of investigations on suspects, victims, and witnesses.
- Applied discussion: investigative challenges in practice.

Day 3: Eyewitness Testimony and Memory in Legal Contexts

- How memory works in legal situations.
- Factors that affect eyewitness accuracy and reliability.
- Stress, suggestion, and recall distortion.
- Methods for improving witness recall.
- Psychological issues in testimony and examination.
- Practical review of eyewitness credibility in legal cases.

Day 4: Jury Psychology and Courtroom Decision-Making

- Psychological factors involved in jury selection.
- Individual and group influences on jury decisions.
- Bias, perception, and judgment in deliberations.
- Group dynamics inside jury discussions.
- Communication strategies that shape courtroom influence.
- Case study: understanding jury behavior and verdict formation.

Day 5: Forensic Assessment and Legal Competency

- Principles of forensic psychological assessment.
- Competency to stand trial and related evaluations.
- Psychological considerations in insanity defense assessments.
- Risk assessment in forensic settings.
- The role and responsibilities of expert witnesses.
- Practical application: reviewing forensic case scenarios.

Individual Impact

Participants will be able to:

- Build a stronger understanding of the connection between psychology and law.
- Improve their ability to assess legal and investigative situations critically.
- Strengthen judgment when examining witness statements and testimony.
- Gain practical insight into forensic evaluations and legal competency issues.
- Enhance analytical thinking in criminal and courtroom contexts.



Work Impact

Organizations and professionals will benefit through:

- Better-informed analysis of legal and investigative cases.
- Improved handling of witness, suspect, and jury-related issues.
- Greater awareness of psychological influences on legal outcomes.
- Stronger application of ethical and professional standards in forensic contexts.
- More effective use of psychological insight in legal decision-making.

Training Methodology

This program combines legal understanding with psychological application to create a practical learning experience. The training approach includes:

- Interactive presentations and guided discussions.
- Realistic legal and forensic case studies.
- Scenario-based exercises and group analysis.
- Practical applications in investigation, testimony, and assessment.
- Reflection sessions to connect theory with professional practice.

Beyond the Course

By the end of this program, participants will return with a deeper and more practical understanding of how psychology informs legal work. They will be better equipped to interpret behavior, assess credibility, understand courtroom dynamics, and contribute more effectively to legal, investigative, and forensic processes.

They will leave ready to:

- Apply psychological principles in legal and investigative environments.
- Evaluate testimony and behavior with greater accuracy.
- Understand the human factors that influence courtroom decisions.
- Approach forensic and legal assessments with stronger professional judgment.

