PMI Agile Certified Practitioner (PMI-ACP) Exam Preparation

23 – 27 November 2026
Rome (Italy)



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Why This Course

Agile project management helps organizations deliver value faster, respond to change, improve collaboration, and increase customer satisfaction. For project professionals, the PMI-ACP certification demonstrates strong knowledge of Agile principles, multiple Agile methodologies, and practical techniques for leading adaptive projects successfully.

This intensive 1-week PMI Agile Certified Practitioner Training program prepares participants for the PMI-ACP certification exam while strengthening practical Agile project management skills. The course covers Agile principles, Scrum, Kanban, XP, value-driven delivery, user stories, backlog management, estimation, prioritization, release planning, team performance, stakeholder engagement, risk management, continuous improvement, Agile metrics, and exam preparation. Through practical exercises, case studies, and exam simulations, participants will build the confidence to lead Agile projects and prepare effectively for certification.

What You'll Learn and Practice

By joining this program, you will:

- Master core Agile principles and mindset.
- Understand the Agile Manifesto and Agile project lifecycle.
- Compare Agile methodologies, including Scrum, Kanban, and XP.
- Apply Scrum roles, events, and artifacts.
- Use Kanban principles to visualize work and manage flow.
- Develop user stories and manage product backlogs.
- Apply Agile estimation techniques.
- Use prioritization methods to maximize value delivery.
- Plan releases and manage iterative delivery.
- Build and support high-performing Agile teams.
- Communicate effectively with Agile stakeholders.
- Manage conflict and stakeholder expectations.
- Apply Agile risk management and continuous improvement practices.
- Prepare for the PMI-ACP certification exam using practice questions and exam strategies.



The Program Flow

Day 1: Agile Fundamentals

- Understand Agile concepts, benefits, and business value.
- Explore the Agile Manifesto and core Agile principles.
- Review major Agile methodologies and their practical applications.
- Understand the Agile project lifecycle.
- Identify how Agile supports adaptability, collaboration, and value-focused delivery.

Day 2: Scrum and Kanban

- Understand the Scrum framework and its key roles.
- Apply Scrum events and artifacts in Agile project delivery.
- Explore Kanban principles and practices.
- Compare Scrum and Kanban to understand when each approach is useful.
- Apply visual workflow and team coordination techniques.

Day 3: Value-Driven Delivery

- Write effective user stories and acceptance criteria.
- Manage and refine product backlogs.
- Apply Agile estimation techniques.
- Use prioritization methods to focus on high-value work.
- Develop release plans that support iterative and incremental delivery.

Day 4: Team Performance and Stakeholder Engagement

- Build and support high-performing Agile teams.
- Apply effective communication practices in Agile environments.
- Identify, analyze, and manage stakeholders.
- Improve collaboration between teams, product owners, sponsors, and customers.
- Apply conflict resolution techniques to maintain team momentum.

Day 5: Continuous Improvement and Exam Preparation

- Use Agile metrics to measure delivery performance and team progress.
- Apply continuous improvement practices through feedback and retrospectives.
- Manage risks in Agile project environments.
- Review PMI-ACP exam structure, domains, and question styles.
- Complete practice questions and exam simulation activities.



Individual Impact

- Build confidence in leading Agile projects across multiple methodologies.
- Strengthen skills in Scrum, Kanban, value delivery, and adaptive planning.
- Improve Agile team leadership and stakeholder communication.
- Gain practical tools for backlog management, estimation, prioritization, and release planning.
- Increase readiness for the PMI-ACP certification exam.

Work Impact

- Improve Agile project delivery, responsiveness, and value realization.
- Strengthen team collaboration, communication, and productivity.
- Improve stakeholder engagement and expectation management.
- Support better prioritization and faster delivery of high-value outcomes.
- Build stronger Agile capability across project teams and organizations.

Training Methodology

This program combines PMI-ACP exam preparation with practical Agile application through:

- Agile principles and methodology discussions.
- Scrum and Kanban practice exercises.
- User story, backlog, estimation, and prioritization workshops.
- Release planning and value-driven delivery scenarios.
- Team performance, stakeholder engagement, and conflict resolution activities.
- Agile metrics, risk management, practice questions, and exam simulation sessions.

Beyond the Course

Upon completion, participants will be able to:

- Lead Agile projects confidently across different methodologies.
- Apply Scrum, Kanban, and XP concepts in project environments.
- Deliver value through effective backlog management and prioritization.
- Engage stakeholders and support high-performing Agile teams.
- Use Agile metrics and continuous improvement practices.
- Approach the PMI-ACP certification exam with stronger preparation and confidence.

