

Environmental Management and Sustainability Essentials

1 – 5 February 2027
Rome (Italy)

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Ref: 322472_200244 **Date:** 1 – 5 February 2027 **Location:** Rome (Italy) **Fees:** 5200 GBP

Why This Course

Environmental management and sustainability have become essential priorities for organizations seeking to reduce environmental impact, comply with regulations, improve resource efficiency, and contribute to sustainable development. As environmental challenges continue to affect business operations, communities, and natural systems, professionals need practical tools to assess risks, manage resources responsibly, and implement meaningful sustainability initiatives.

This intensive 5-day Environmental Management and Sustainability Training program equips participants with a strong foundation in environmental principles, sustainability strategies, policy requirements, resource management, green business practices, and implementation planning. Through practical exercises, case studies, and real-world applications, participants will learn how to analyze environmental issues, develop sustainable solutions, and create action plans that improve environmental performance across different sectors.

What You'll Learn and Practice

By joining this program, you will:

- Understand fundamental concepts of environmental management and sustainability.
- Explore key principles of environmental science, ecology, and sustainable development.
- Analyze global environmental challenges and emerging sustainability trends.
- Understand environmental management systems and their organizational value.
- Evaluate environmental policies, regulations, and compliance obligations.
- Apply environmental impact assessment concepts and processes.
- Improve energy efficiency and explore renewable energy options.
- Develop water conservation, waste reduction, and recycling strategies.
- Apply sustainable land use and biodiversity conservation practices.
- Use circular economy principles and green supply chain approaches.
- Explore eco-innovation and sustainable product design.
- Develop sustainability action plans with clear goals, metrics, and stakeholder engagement.

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A graphic of a chessboard with several chess pieces (a king, a queen, a rook, and a knight) positioned on it. The board is white and black, and the pieces are gold and silver. The text 'UK Training PARTNER' is overlaid on the board.

The Program Flow

Day 1: Introduction to Environmental Management and Sustainability

- Understand the fundamentals of environmental science and ecology.
- Explore the principles of sustainable development.
- Identify global environmental challenges and current sustainability trends.
- Understand the role of environmental management in organizations.
- Review the structure and purpose of Environmental Management Systems.

Day 2: Environmental Policy and Regulations

- Explore international environmental agreements and protocols.
- Understand national and local environmental regulations.
- Apply the environmental impact assessment process.
- Identify compliance responsibilities and business implications.
- Understand corporate environmental responsibility and regulatory alignment.

Day 3: Sustainable Resource Management

- Apply energy efficiency strategies and explore renewable energy sources.
- Develop water conservation and management approaches.
- Use waste reduction, recycling, and resource recovery strategies.
- Understand sustainable land use practices.
- Apply biodiversity conservation principles in environmental planning.

Day 4: Green Business Practices and Innovation

- Understand circular economy principles and practical applications.
- Apply green supply chain management approaches.
- Explore eco-innovation and sustainable product design.
- Improve environmental performance through responsible business practices.
- Develop sustainability reporting and communication approaches.

Day 5: Implementing Sustainability Strategies

- Use sustainability assessment tools and performance metrics.
- Engage stakeholders and build partnerships for sustainability initiatives.
- Apply change management methods to support sustainability implementation.
- Develop practical sustainability action plans.
- Track progress and identify opportunities for continuous improvement.

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Individual Impact

- Build confidence in understanding environmental management and sustainability concepts.
- Strengthen skills in environmental analysis, policy awareness, and compliance planning.
- Improve ability to identify resource efficiency and sustainability opportunities.
- Gain practical tools for stakeholder engagement and sustainability communication.
- Develop stronger capability in creating action plans for environmental improvement.

Work Impact

- Improve environmental performance and regulatory compliance.
- Reduce environmental footprint through better energy, water, waste, and resource management.
- Support greener business practices and sustainable operations.
- Strengthen stakeholder trust through clearer sustainability reporting and communication.
- Enable practical implementation of sustainability strategies across departments and sectors.

Training Methodology

This program combines environmental management knowledge with practical sustainability application through:

- Case studies on environmental challenges and sustainable solutions.
- Environmental impact assessment and compliance exercises.
- Energy, water, waste, and resource management workshops.
- Circular economy and green supply chain activities.
- Sustainability reporting and communication practice.
- Action planning sessions for organizational sustainability implementation.

Beyond the Course

Upon completion, participants will be able to:

- Conduct basic environmental impact assessments.
- Develop sustainability strategies for organizations.
- Improve resource efficiency and reduce environmental footprint.
- Apply environmental management tools in practical settings.
- Engage stakeholders and communicate sustainability initiatives effectively.
- Create action plans for continuous environmental performance improvement.

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