Mastering the Law of Limitation: Principles and Practice

7 – 11 December 2026
Boston, Massachusetts (USA)

UK Traininig
PARTNER



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Why This Course

The Law of Limitation is a critical area of legal practice because it determines whether a claim can proceed or be barred by time. For legal professionals, a clear understanding of limitation rules is essential to protecting clients' rights, managing litigation risk, and ensuring that cases are handled within the required statutory deadlines. Miscalculating a limitation period or overlooking an applicable exception can have serious legal and procedural consequences.

This intensive 1-week course provides a practical and well-structured understanding of the Law of Limitation, focusing on its legal foundations, procedural application, and strategic value in case management. Participants will examine how limitation periods are calculated, when exceptions may apply, and how recent legal developments influence the handling of claims across different areas of practice.

What You'll Learn and Practice

By joining this program, you will:

- Understand the core principles and purpose of the Law of Limitation.
- Learn how to calculate limitation periods for different types of legal actions.
- Identify exceptions, suspensions, and extensions that may affect time limits.
- Strengthen case management skills to reduce the risk of time-bar issues.
- Analyze how limitation arguments influence pleadings, defenses, and negotiations.
- Review recent case law and legislative developments in this area.
- Apply limitation rules more confidently in practical legal scenarios.

The Program Flow

Day 1: Foundations of the Law of Limitation

- Historical development and legal rationale of limitation rules.
- Key legislation and the statutory framework governing limitation.
- General principles, purpose, and practical significance.
- The role of limitation in civil and criminal proceedings.
- Understanding how limitation shapes legal rights and remedies.
- Discussion of practical issues arising in everyday legal practice.



Day 2: Calculating Limitation Periods

- Determining when a limitation period begins and ends.
- Calculating time limits for different categories of legal actions.
- Understanding continuing breaches and recurring causes of action.
- Identifying common calculation errors and procedural risks.
- Reviewing practical examples of limitation analysis.
- Exercises on applying limitation rules to factual case scenarios.

Day 3: Exceptions and Extensions

- Overview of statutory exceptions to limitation periods.
- Judicial discretion in extending time limits where permitted.
- The effect of disability and incapacity on limitation.
- Limitation issues involving fraud, concealment, and mistake.
- Assessing when extensions or suspensions may apply.
- Practical review of exception-based case situations.

Day 4: Strategic Case Management

- Integrating limitation analysis into pre-action planning.
- Managing pleadings and procedural steps with limitation in mind.
- Raising and responding to limitation defenses and counterclaims.
- Handling settlement discussions where time-bar issues arise.
- Reducing litigation risk through better file and deadline management.
- Practical strategies for maintaining procedural control in active cases.

Day 5: Recent Developments and Special Topics

- Reviewing recent case law affecting limitation principles.
- Examining legislative reforms and their practical implications.
- Limitation issues in selected practice areas such as contract and personal injury.
- Comparing approaches across different legal contexts.
- Considering international perspectives on limitation rules.
- Final case-based application and integrated practical discussion.

Individual Impact

Participants will be able to:

- Assess applicable limitation periods with greater accuracy and confidence.
- Identify potential risks before they develop into procedural problems.
- Apply exceptions and extensions more effectively in legal practice.
- Draft pleadings and legal responses with stronger awareness of time-bar issues.
- Improve strategic judgment in disputes, litigation, and settlement discussions.



Work Impact

Organizations and legal teams will benefit through:

- Better control over statutory deadlines and procedural obligations.
- Reduced risk of claims being lost due to limitation errors.
- Stronger legal analysis in pleadings, defenses, and case strategy.
- Improved efficiency in managing files with time-sensitive issues.
- Greater confidence when handling disputes involving limitation arguments.

Training Methodology

This program combines legal analysis with practical application to ensure participants can use the concepts directly in professional practice. The training methodology includes:

- Interactive presentations and guided legal discussions.
- Case-based analysis of limitation issues and procedural challenges.
- Practical exercises in calculating limitation periods.
- Workshops on pleadings, defenses, and strategic case handling.
- Review of selected case law and applied legal scenarios.

Beyond the Course

By the end of this program, participants will have a stronger and more practical understanding of how limitation rules operate across legal proceedings. They will be better prepared to calculate deadlines accurately, identify exceptions when relevant, and manage cases in a way that protects legal rights and supports sound litigation strategy.

They will leave ready to:

- Apply limitation rules more confidently in legal practice.
- Manage time-sensitive cases with stronger procedural control.
- Address limitation-related defenses and risks more effectively.
- Support better legal outcomes through careful and timely case management.

