# Junior Leadership Program: Developing Tomorrow's Leaders

14 – 18 December 2026
Tokyo (Japan)



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## Why This Course

Young leaders are not born — they are developed through guidance, practice, and meaningful experiences. The Junior Leadership Program is designed to help high school students discover their potential, build confidence, and develop the essential skills needed to lead with integrity and purpose. Over five dynamic days, students will strengthen their communication abilities, sharpen their thinking skills, and learn how to make a positive impact in their schools and communities.

## What You'll Learn and Practice

By participating in this program, students will:

- Build strong communication and public speaking skills.
- Strengthen critical thinking and problem-solving abilities.
- Develop teamwork and collaboration skills in diverse groups.
- Increase self-awareness and emotional intelligence.
- Understand ethical leadership principles and the importance of community service.

## The Program Flow

### Day 1: Foundations of Leadership

- Introduction to leadership concepts
- Self-assessment and personal strengths
- Effective communication techniques
- Active listening and empathy

### Day 2: Team Dynamics and Collaboration

- Building high-performance teams
- Conflict resolution strategies
- Diversity and inclusion in leadership
- Group decision-making processes



### Day 3: Critical Thinking and Problem Solving

- Analytical thinking techniques
- Creative problem-solving approaches
- Ethical decision-making frameworks
- Strategic planning fundamentals

### Day 4: Public Speaking and Presentation Skills

- Crafting compelling messages
- Body language and non-verbal communication
- Overcoming public speaking anxiety
- Persuasive presentation techniques

### Day 5: Community Engagement and Social Responsibility

- Understanding community needs
- Developing service projects
- Fundraising and resource mobilization
- Creating sustainable impact

## Individual Impact

- Increased self-confidence and leadership presence.
- Stronger communication and interpersonal skills.
- Greater emotional intelligence and self-awareness.
- Improved ability to think critically and make responsible decisions.

## Community Impact

- Empowered students ready to contribute positively to their schools and communities.
- Practical experience in planning and executing service initiatives.
- Stronger youth engagement in community development efforts.

## Training Methodology

- Interactive workshops and group discussions.
- Role-playing exercises and team challenges.
- Public speaking practice sessions with constructive feedback.
- Hands-on project design and collaborative activities.
- Reflection exercises to reinforce personal growth.



## Beyond the Course

Students will leave equipped to:

- Take initiative in school and community activities.
- Lead group projects with confidence and responsibility.
- Communicate ideas clearly and persuasively.
- Continue developing their leadership journey with purpose and integrity.

