# Comprehensive Midwifery Skills: A 1-Week Intensive Training

18 – 22 July 2027
Online



# Comprehensive Midwifery Skills: A 1-Week Intensive Training

**Ref:** 321825_172342 **Date:** 18 – 22 July 2027 **Location:** Online **Fees:** 2200 GBP

## Why This Course

High-quality maternal and newborn care is essential for reducing complications and improving outcomes. Midwives and healthcare professionals face complex challenges in antenatal, labor, postpartum, and newborn care that require up-to-date knowledge, practical skills, and evidence-based decision-making.

This intensive 1-week midwifery course equips participants with advanced clinical skills, hands-on experience, and the latest evidence-based practices. The program is designed to enhance confidence, improve patient outcomes, and strengthen professional competence in maternal and neonatal care.

## What You'll Learn and Practice

By participating in this course, you will:

- Develop advanced skills in antenatal assessment and risk management.
- Master techniques for managing both normal and complicated labor and delivery.
- Enhance competence in postpartum care, including breastfeeding support.
- Improve proficiency in newborn assessment, resuscitation, and care.
- Apply evidence-based practices to improve maternal and neonatal health outcomes.
- Strengthen professional decision-making, ethical practice, and patient communication.

## The Program Flow

### Day 1: Antenatal Care

- Comprehensive antenatal assessment
- Risk identification and management
- Nutrition and lifestyle counseling
- Fetal growth and well-being monitoring

### Day 2: Labor and Delivery Management

- Stages of labor and normal birth process
- Pain management techniques
- Intrapartum fetal monitoring
- Managing obstetric emergencies



### Day 3: Postpartum Care

- Immediate postpartum assessment and care
- Breastfeeding support and education
- Postpartum complications and management
- Maternal mental health screening

### Day 4: Newborn Care

- Immediate newborn care and resuscitation
- Newborn physical examination
- Common neonatal conditions and management
- Supporting parent-infant bonding

### Day 5: Professional Practice and Integration

- Ethical considerations in midwifery
- Communication and counseling skills
- Documentation and record-keeping
- Evidence-based practice and research utilization

## Individual Impact

- Increased confidence in managing complex obstetric and neonatal situations.
- Improved clinical skills for maternal and newborn care.
- Enhanced ability to provide breastfeeding guidance and support.
- Strengthened decision-making and critical thinking in midwifery practice.

## Work Impact

- Deliver higher-quality care across antenatal, labor, postpartum, and newborn stages.
- Reduce complications through timely assessment and intervention.
- Foster positive maternal and neonatal health outcomes.
- Enhance team collaboration and communication in maternal healthcare settings.

## Training Methodology

The course uses an interactive and practical approach:

- Hands-on clinical exercises and simulations.
- Case studies and real-life maternal and neonatal scenarios.
- Group discussions to share best practices and problem-solving approaches.
- Evidence-based tools and checklists for everyday clinical application.



## Beyond the Course

After completing the program, participants will be ready to:

- Apply advanced midwifery techniques confidently in clinical practice.
- Implement evidence-based strategies to improve maternal and neonatal outcomes.
- Lead safe, ethical, and effective care practices in their healthcare settings.
- Serve as a resource for colleagues in promoting best practices in midwifery.

