

HVAC Systems for Hospitals: Design, Operation & Maintenance

18 – 22 October 2026
Dubai (UAE)

UK Training

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Ref: 32105_156487 **Date:** 18 – 22 October 2026 **Location:** Dubai (UAE) **Fees:** 4200 GBP

Why This Course

HVAC systems in healthcare environments are among the most critical components of hospital infrastructure. They influence patient safety, infection control, staff comfort, and overall operational efficiency. Unlike commercial buildings, hospitals require highly specialized HVAC design and operation practices to maintain sterile environments, ensure proper air distribution, and comply with stringent regulatory standards.

The Hospital HVAC Systems Program is an intensive 5-day technical training designed for engineers, facility managers, and healthcare operations professionals. Through a combination of design principles, operational strategies, and real-world case studies, participants will gain a comprehensive understanding of how to design, operate, and maintain high-performance HVAC systems tailored to healthcare settings.

What You'll Learn and Practice

By completing this program, participants will be able to:

- Understand the essential role of HVAC systems in infection control and patient safety
- Apply design principles specific to hospitals, including airflow control and room pressurization
- Optimize hospital HVAC systems for energy efficiency and sustainability
- Diagnose, troubleshoot, and maintain complex healthcare HVAC infrastructure
- Ensure compliance with regulatory standards and healthcare ventilation guidelines

The Program Flow

Day 1 - Introduction to Hospital HVAC Systems

- Unique environmental and operational requirements of healthcare facilities
- Infection control principles and air quality standards
- Key HVAC components used in hospital environments
- Regulatory frameworks, compliance, and accreditation requirements

Day 2 - Design Principles for Hospital HVAC

- Airflow dynamics, pressure relationships, and directional airflow
- Filtration technologies: HEPA, ULPA, and air cleaning mechanisms
- Temperature and humidity control requirements for healthcare areas
- Ventilation standards for wards, ORs, ICUs, isolation rooms, and labs

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Day 3 - Energy Efficiency & Sustainability

- Strategies to reduce energy consumption in hospital HVAC systems
- Heat recovery technologies and their practical applications
- Building automation, controls, and smart optimization tools
- Sustainable design and green healthcare facility practices

Day 4 - Operation & Maintenance

- Commissioning, balancing, and testing procedures
- Preventive and predictive maintenance best practices
- Troubleshooting common issues in hospital HVAC environments
- Documentation, compliance reporting, and O&M recordkeeping

Day 5 - Advanced Topics & Case Studies

- Specialized design considerations for isolation rooms AIIR, PE rooms
- Air distribution strategies for operating theaters and sterile areas
- Retrofitting older hospitals with modern HVAC solutions
- Real-world case studies and global best practices in healthcare HVAC

Practical Wins for Participants

By the end of the program, participants will confidently be able to:

- Design and evaluate HVAC systems that meet strict healthcare ventilation standards
- Implement energy-efficient strategies without compromising safety or performance
- Maintain and troubleshoot advanced HVAC systems in hospital environments
- Ensure ongoing compliance with national and international healthcare regulations

Organizational Impact

Healthcare facilities benefit through:

- Improved infection prevention and environmental safety
- More efficient and sustainable HVAC operations
- Reduced downtime and maintenance-related disruptions
- Stronger compliance with healthcare environmental standards

Training Methodology

This program incorporates:

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- Real-world engineering case studies
- Hands-on exercises and applied calculations
- Group discussions and troubleshooting workshops
- Expert-led sessions based on global healthcare HVAC standards

Beyond the Course

Participants return ready to:

- Lead HVAC design and optimization initiatives in healthcare settings
- Implement advanced operational strategies that support patient safety
- Support facility accreditation through proper ventilation management
- Drive sustainable and efficient HVAC practices across hospital operations

A graphic of a chessboard with several chess pieces (a king, a queen, and a pawn) in gold and silver, set against a background of concentric circles.

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