

Team Building for Intact Teams: Enhancing Collaboration





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Ref: 321844_148394 Date: 25 - 29 Aug 2025 Location: Lisbon (Portugal) Fees: 4400 Euro

Course Description

This intensive 5-day course is tailored for existing teams looking to enhance their performance and cohesion. Participants will explore advanced team-building concepts, develop essential communication skills, and learn strategies for effective collaboration. Through a combination of theoretical frameworks and practical exercises, teams will gain valuable insights and tools to optimize their collective performance.

Learning Objectives

- Understand team dynamics and development stages
- Enhance communication and conflict resolution skills
- Develop strategies for effective collaboration and decision-making
- Learn to leverage individual strengths for team success
- Create action plans for continuous team improvement

Course Modules

Day 1: Foundations of Team Excellence

- Understanding team dynamics and roles
- Stages of team development
- Assessing current team performance
- Building trust and psychological safety

Day 2: Effective Team Communication

- Active listening and feedback techniques
- Nonverbal communication in team settings
- Overcoming communication barriers
- Facilitating productive team discussions

Day 3: Collaboration and Problem-Solving

- Collaborative decision-making models
- Creative problem-solving techniques
- Managing team conflicts constructively
- Leveraging diversity for innovation



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Day 4: Leadership and Accountability

- Shared leadership principles
- Setting and achieving team goals
- Fostering accountability and ownership
- Motivating and empowering team members

Day 5: Sustaining Team Performance

- Strategies for continuous improvement
- Adapting to change as a team
- Creating a team charter
- Developing action plans for ongoing success

Practical Wins for Participants

- Improved team communication and collaboration skills
- Enhanced problem-solving and decision-making capabilities
- Increased team cohesion and trust
- Actionable strategies for sustained team performance



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