

Comprehensive Midwifery Skills: A 5-Day Intensive Training

Hospital Management
Cape Town (South Africa)
11 - 15 Aug 2025

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A close-up photograph of chess pieces on a checkered board. In the foreground, a large gold king piece stands prominently. To its left, a silver pawn is visible. Further back, another silver pawn is positioned. The background features concentric circles, creating a sense of depth and focus on the pieces.

Comprehensive Midwifery Skills: A 5-Day Intensive Training

Ref: 321825_147796 **Date:** 11 - 15 Aug 2025 **Location:** Cape Town (South Africa) **Fees:** 3300 Euro

Course Description

This intensive 5-day midwifery training course is designed to enhance the skills and knowledge of practicing midwives and healthcare professionals involved in maternal and newborn care. The course covers essential aspects of midwifery practice, including antenatal care, labor and delivery management, postpartum care, and newborn assessment. Participants will gain hands-on experience and learn evidence-based practices to improve maternal and neonatal outcomes.

Learning Objectives

- Develop advanced skills in antenatal care and risk assessment
- Master techniques for managing normal and complicated labor and delivery
- Enhance competence in postpartum care and breastfeeding support
- Improve proficiency in newborn assessment and care
- Apply evidence-based practices to improve maternal and neonatal outcomes

Course Modules

Day 1: Antenatal Care

- Comprehensive antenatal assessment
- Risk identification and management
- Nutrition and lifestyle counseling
- Fetal growth and well-being monitoring

Day 2: Labor and Delivery Management

- Stages of labor and normal birth process
- Pain management techniques
- Intrapartum fetal monitoring
- Managing obstetric emergencies

Day 3: Postpartum Care

- Immediate postpartum assessment and care
- Breastfeeding support and education
- Postpartum complications and management
- Maternal mental health screening

A graphic of a chessboard with several chess pieces (a king, a queen, a rook, and a pawn) in gold and silver. The text 'UK Training PARTNER' is overlaid on the board.

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Day 4: Newborn Care

- Immediate newborn care and resuscitation
- Newborn physical examination
- Common neonatal conditions and management
- Supporting parent-infant bonding

Day 5: Professional Practice and Integration

- Ethical considerations in midwifery
- Communication and counseling skills
- Documentation and record-keeping
- Evidence-based practice and research utilization

Practical Wins for Participants

- Enhanced confidence in managing complex obstetric situations
- Improved skills in newborn assessment and care
- Increased ability to provide effective breastfeeding support
- Strengthened decision-making skills in midwifery practice

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www.blackbird-training.com



training@blackbird-training.com



+44 7480 775526 / +44 7401 177335