

## Midwifery Training Course

Hospital Management  
Amsterdam (Netherlands)  
27 - 31 Jan 2025

UK Training

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## Midwifery Training Course

**Ref:** 321825\_147767 **Date:** 27 - 31 Jan 2025 **Location:** Amsterdam (Netherlands) **Fees:** 4200 Euro

### Introduction

The Midwifery Training Course is designed to equip aspiring midwives with the essential knowledge and skills needed to provide comprehensive care to expectant mothers and newborns. This course will cover a wide range of topics, including prenatal care, labor and delivery, postnatal care, and newborn care. Through a combination of theoretical lectures, hands-on training, and practical exercises, participants will gain the competence and confidence required for a successful career in midwifery.

### Course Objectives

- Understand the role and responsibilities of a midwife in maternal and child healthcare.
- Develop proficiency in conducting prenatal assessments and providing prenatal care.
- Learn effective techniques for assisting with labor and delivery, including natural and medical interventions.
- Acquire skills in postnatal care, including monitoring the health of both mother and newborn.
- Gain knowledge of neonatal care, including breastfeeding support and newborn resuscitation.

### Course Outlines

#### Day 1

- Introduction to Midwifery and its significance in healthcare.
- History and evolution of midwifery practices.
- Anatomy and physiology of the female reproductive system.
- Preconception counseling and care.

#### Day 2

- Prenatal care: Assessing maternal health and fetal development.
- Nutrition and lifestyle recommendations during pregnancy.
- Common complications during pregnancy and their management.

A graphic of a chessboard with several chess pieces (a king, a queen, a rook, and a pawn) on it, set against a background of concentric circles.

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- Introduction to antenatal screening and diagnostic tests.

### Day 3

- Stages of labor and the labor process.
- Pain management options during labor, including natural methods and medications.
- Techniques for providing emotional support to laboring mothers.
- Hands-on practice of labor support and positioning.

### Day 4

- Delivery methods: Vaginal births and cesarean sections.
- Postpartum care for the mother immediately after delivery.
- Newborn assessment and initial care.
- Breastfeeding support and techniques.

### Day 5

- Postnatal care for both mother and newborn in the first weeks.
- Identifying and managing postpartum complications.
- Family-centered care and community resources.
- Certification and career opportunities in midwifery.

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