

Effective Coaching & Counseling Skills

Management & Leadership
Munich (Germany)
13 - 17 Jan 2025

UK Training

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Effective Coaching & Counseling Skills

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Introduction

The world is short of effective business leaders. This book is just one attempt at closing the gap between languishing underperformance and sustained high-performance. Specifically, it is about accelerated leadership development. By using coaching to be a better leader. No matter what your preferred leadership model or style is now or whether it's one or portfolio you may aspire to in the future. A few leadership examples might be; situational, visionary, transformational, authentic, crisis, transactional, strategic, or inspirational. Simply, how to be more of the leader you would like to become.

Course Objectives of Executive Leadership Coaching

- Introduction to Executive Leadership Coaching
- The core of the leadership and the skills are needed
- Communications, Influence, and persuasion
- Successful Goal Achievement

Executive Leadership Coaching Course Outlines

Day 1

Introduction: The Journey to Mastery

Coaching - Core Leadership Skills

- Smarter Thinking! Deeper Change! Faster Results!
- Total Self-Score Guidance
- Practical Demonstration
- Human Performance Technologies - are the Future
- Instant and lasting results
- Analysis of Structure

Day 2

Communications - Influence and persuasion

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- Sensory Preference
- Sensory-Based Word Choices
- Communicating on multiple levels is the norm

Successful Goal Achievement WIN/WIN Goals

- WIN Goal
- Some goal-setting considerations
- Chunking
 - Induction detail
 - Deduction big picture
 - Abduction lateral thinking

Day 3

Perception of self

- Acts of leadership
- The hero journeys
- Self-awareness
- Conscious versus subconscious
- Power of beliefs
- What are we broadcasting?
- Changes in organisms
- Social conditioning

Release from fears and self-limiting beliefs

- What self-limiting beliefs are
- How they impact our lives
- Power of beliefs and fears
- Imagination and conception
- Whole-body listening
- Understanding blame
- Overcoming fears and phobias

Day 4

Leadership is an action

- History of leadership
- Leadership is an action
- Courage to act
- Authentic leadership
- Leading and being led
- Limitless potential
- Imagination, creativity, and play
- Understanding self, in-person leadership training

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Awareness of self

- Solo Reflection
- Individual and group insights
- Making sense of the learning
- Leadership and labels
- Judgment and opinion
- Patterns of behavior and where they come from
- Energetic hug
- Commitment to change and innovation in leadership

Day 5

Future leadership & Innovation training

- Innovate to future proof
- Anything is possible
- Find your bliss
- Creating a balance
- Empower self, empower others
- Peer coaching groups
- Commit to action
- Imagine the future

Application workshops & Exercises

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