

OSHA Standards: Comprehensive Occupational Safety Training

Health & Safety Kuala Lumpur (Malaysia) 18 - 22 Aug 2025

UK Traininig **PARTNER**

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OSHA Standards: Comprehensive Occupational Safety Training

Ref: 3249_137449 **Date:** 18 - 22 Aug 2025 **Location:** Kuala Lumpur (Malaysia) **Fees:** 4200 **Euro**

Course Description

This intensive 5-day course provides a comprehensive overview of OSHA standards and regulations. Participants will gain in-depth knowledge of occupational safety and health principles, learn to identify and mitigate workplace hazards, and develop strategies for maintaining OSHA compliance in various industry settings.

Learning Objectives

- Understand the scope and application of OSHA standards across industries
- Identify common workplace hazards and implement effective control measures
- Develop and maintain comprehensive safety and health programs
- Interpret OSHA regulations and apply them to specific workplace scenarios
- Learn best practices for OSHA recordkeeping and reporting requirements

Course Modules

Day 1: Introduction to OSHA and General Industry Standards

- OSHA's mission and regulatory framework
- Employer responsibilities and workers' rights
- Walking-working surfaces and fall protection
- Exit routes and emergency planning

Day 2: Hazard Communication and Personal Protective Equipment

- Hazard communication standard and GHS
- · Selection and use of personal protective equipment
- Respiratory protection programs
- Occupational noise exposure

Day 3: Electrical Safety and Machine Guarding

- Electrical safety standards and best practices
- Lockout/tagout procedures
- Machine guarding principles
- Powered industrial trucks safety

Day 4: Health Hazards and Industrial Hygiene



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- Bloodborne pathogens
- Ergonomics and musculoskeletal disorders
- Hazardous materials handling and storage
- Permit-required confined spaces

Day 5: Recordkeeping, Reporting, and Program Management

- OSHA recordkeeping requirements
- Injury and illness reporting procedures
- Developing effective safety and health programs
- Conducting workplace inspections and audits

Practical Wins for Participants

- · Ability to conduct thorough workplace hazard assessments
- Skills to develop and implement comprehensive safety programs
- Knowledge to effectively communicate OSHA standards to employees
- Confidence in managing OSHA inspections and maintaining compliance





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