

# **Crisis Management & Leading Under Pressure Masterclass**

Management & Leadership  
Cape Town (South Africa)  
04 - 08 Aug 2025

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## Crisis Management & Leading Under Pressure Masterclass

**Ref:** 321531\_128570 **Date:** 04 - 08 Aug 2025 **Location:** Cape Town (South Africa) **Fees:** 3300 Euro

### Course Description

This intensive 5-day course equips leaders with essential skills to effectively manage crises and lead under pressure. Participants will learn proven strategies for decision-making, communication, and team leadership in high-stakes situations. Through case studies, simulations, and interactive exercises, attendees will develop the confidence and competence to navigate complex challenges and emerge stronger.

### Learning Objectives

- Develop a comprehensive crisis management framework
- Enhance decision-making skills under pressure
- Master effective communication strategies during crises
- Build resilient teams capable of performing in high-stress environments
- Learn to maintain composure and focus in challenging situations
- Implement post-crisis recovery and organizational learning processes

### Course Modules

#### Day 1: Foundations of Crisis Management

- Understanding crisis types and their impact
- Crisis management lifecycle
- Risk assessment and mitigation strategies
- Building a crisis-ready organizational culture

#### Day 2: Decision-Making Under Pressure

- Cognitive biases in high-stress situations
- Analytical vs. intuitive decision-making
- The OODA loop for rapid decision-making
- Scenario planning and wargaming techniques

#### Day 3: Crisis Communication and Stakeholder Management

- Developing a crisis communication plan
- Media relations and public messaging
- Internal communication strategies
- Managing stakeholder expectations

A graphic of a chessboard with several chess pieces (a king, a queen, a rook, and a pawn) in gold and silver. The text 'UK Training PARTNER' is overlaid on the board.

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## **Day 4: Leading High-Performance Teams in Crisis**

- Building psychological safety and trust
- Delegation and empowerment in crisis situations
- Motivating teams under extreme pressure
- Conflict resolution in high-stakes environments

## **Day 5: Post-Crisis Recovery and Organizational Resilience**

- After-action reviews and lessons learned
- Implementing organizational changes
- Building long-term resilience
- Personal resilience and stress management for leaders

## **Practical Wins for Participants**

- A personalized crisis management playbook
- Enhanced decision-making skills applicable to daily leadership challenges
- Improved ability to communicate effectively under pressure
- Strategies to build and lead high-performing, resilient teams

A graphic of a chessboard with several chess pieces. A large gold king piece is prominent in the foreground, with a silver pawn and a silver knight nearby. In the background, there are concentric circles emanating from a point on the board.

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