

Women's Leadership in Workplace: Empowering Success

Management & Leadership Rome (Italy) 15 - 19 Sep 2025



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Women's Leadership in Workplace: Empowering Success

Ref: 3306_127861 Date: 15 - 19 Sep 2025 Location: Rome (Italy) Fees: 4200 Euro

Course Description

This intensive 5-day course is designed to empower women leaders with the skills, strategies, and confidence needed to excel in today's competitive workplace. Participants will explore key leadership concepts, develop essential competencies, and learn to navigate common challenges faced by women in leadership roles.

Learning Objectives

- Develop a strong leadership identity and personal brand
- Enhance communication and negotiation skills
- Build resilience and overcome gender-based obstacles
- Create and leverage professional networks
- Develop strategies for work-life integration
- Cultivate an inclusive leadership style

Course Modules

Day 1: Foundations of Women's Leadership

- Understanding gender dynamics in the workplace
- Developing your leadership identity
- Assessing your strengths and areas for growth
- Creating a personal leadership vision

Day 2: Communication and Influence

- Effective communication strategies for women leaders
- Developing executive presence
- Negotiation skills and techniques
- Overcoming imposter syndrome

Day 3: Building Resilience and Overcoming Barriers

- Identifying and addressing unconscious bias
- Strategies for work-life integration
- Building resilience and managing stress
- Navigating office politics



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Day 4: Networking and Mentorship

- Creating and leveraging professional networks
- Finding and working with mentors and sponsors
- Developing emotional intelligence
- Cultivating a supportive peer group

Day 5: Leading with Authenticity and Inclusion

- Developing an inclusive leadership style
- Fostering innovation and creativity in teams
- Championing diversity and equity initiatives
- Creating a personal action plan for continued growth

Practical Wins for Participants

- A personalized leadership development plan
- Enhanced communication and negotiation skills
- Strategies for building and leveraging professional networks
- Techniques for overcoming gender-based workplace challenges





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