BLACKBIRD FOR TRAINING

Mastering Professional Communication: A 1-Week Intensive

23 – 27 November 2026
Lisbon (Portugal)



Mastering Professional Communication: A 1-Week Intensive

Ref: 3216_126904 **Date:** 23 – 27 November 2026 **Location:** Lisbon (Portugal) **Fees:** 5200 GBP

Why This Course

In today's dynamic and interconnected workplace, strong communication skills are essential for professional success. Whether interacting with colleagues, clients, or stakeholders, the ability to express ideas clearly, listen actively, and adapt communication styles can significantly influence personal performance and organizational outcomes. Effective communication not only improves teamwork and productivity but also strengthens leadership impact and fosters positive workplace relationships.

The Professional Communication Mastery - Intensive 1-Week Program is designed for individuals who want to enhance their communication capabilities across all professional contexts. Whether aiming to deliver clearer messages, manage challenging conversations, or present with greater confidence, participants will gain a comprehensive and practical understanding of verbal, non-verbal, and written communication. Through real-world scenarios, interactive exercises, and guided practice, this program blends communication theory with practical application—equipping participants to communicate with clarity, influence, and confidence.

What You'll Learn and Practice

By the end of the course, participants will be able to:

- Develop advanced verbal and non-verbal communication skills.
- Apply active listening techniques and provide effective, constructive feedback.
- Write with clarity and professionalism across various workplace formats.
- Deliver impactful presentations and improve public speaking confidence.
- Navigate conflicts, negotiate effectively, and manage challenging conversations.

The Program Flow

Day 1: Foundations of Effective Communication

- Exploring communication styles and personal preferences
- Principles of clear and effective verbal communication
- Understanding non-verbal signals and body language cues
- Mastering active listening for stronger interactions



Day 2: Written Communication in the Workplace

- Professional email etiquette and communication standards
- Writing clear, concise, and structured business reports
- Crafting persuasive proposals and workplace documents
- Techniques for effective note-taking and meeting summaries

Day 3: Presentation Skills and Public Speaking

- Structuring compelling presentations with purpose and impact
- Designing supportive and engaging visual aids
- Managing presentation anxiety with confidence-building techniques
- Handling Q&A sessions with clarity and control

Day 4: Interpersonal Communication and Conflict Resolution

- Building meaningful rapport and maintaining strong professional relationships
- Giving and receiving feedback in a constructive, growth-oriented manner
- Managing difficult conversations with tact and empathy
- Applying conflict resolution strategies to resolve workplace issues

Day 5: Advanced Communication Techniques

- Enhancing persuasion and influence in professional interactions
- Communicating effectively across cultures and diverse environments
- Negotiation frameworks and strategies for mutually beneficial outcomes
- Adapting communication approaches to different audiences and contexts

Individual Impact

Participants will return with the ability to:

- Communicate ideas with clarity, confidence, and professionalism.
- Produce polished written communications suitable for various business needs.
- Deliver engaging presentations and speak comfortably in public settings.
- Strengthen interpersonal relationships and handle conflict with greater ease.

Organizational Impact

Organizations benefit through:

- Improved collaboration, teamwork, and cross-department communication.
- More effective internal and external written communication.
- Stronger presentations that support decision-making and stakeholder engagement.
- Enhanced conflict resolution capabilities and healthier workplace interactions.



Training Methodology

This intensive program blends conceptual understanding with hands-on application through:

- Real workplace scenarios and communication role-plays
- Structured writing and presentation exercises
- Interactive discussions and collaborative practice sessions
- Facilitator-guided analysis combining theory with practical insight

Beyond the Course

Upon completion, participants will be equipped to communicate with greater clarity, influence, and impact. They will return ready to lead conversations, write more effectively, deliver stronger presentations, and contribute to a more collaborative, productive, and positive workplace environment.

